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# Roger Federer Die Biografie

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Der tägliche Biohacker

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## **CABRERA MIKAYLA**

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Der tägliche Biohacker  
Arena Sport

Since 2004, two names have dominated men's tennis: Rafael Nadal and Roger Federer. Each player is legendary in his own right. The Spanish Nadal is the winner of sixteen Grand Slam titles, including five consecutive French Open singles titles

from 2010-2014, and is the only player ever to win a Grand Slam for ten straight years. Federer, from Switzerland, has spent over three hundred weeks of his career ranked as the number-one player in the world and has won twenty Grand Slam titles and two Olympic medals. But neither player's career would have been nearly as successful without the decade-long rivalry that

pushed them to rise to the peak of tennis excellence. Nadal and Federer have met thirty-eight times over the course of their careers, and have shared the distinction of being ranked the two best players in the world for an astounding six years in a row from 2005-2009. In Roger Federer and Rafael Nadal, international sports journalist Sebastian Fest uses information gleaned from his numerous

interviews with both players over the last decade to narrate the rivalry, and its impact not only on the players, but on the sport itself. Documenting their respective wins and losses, hopes and disappointments, and relationships with their rivals, Fest formulates a unique biography of two of the greatest players of tennis. Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in

sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish

becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

Rise Thomas Rap

Volgens veel kenners is Roger Federer de beste tennisser aller tijden. Niemand voerde de wereldranglijst langer aan dan hij en heeft zo'n indrukwekkende erelijst, met onder meer 17 grandslamtitels. Federer

is bovendien de grootste gentleman die ooit in de tenniswereld heeft rondgelopen, en dat terwijl hij vroeger een echte driftkikker was die rackets aan diggelen sloeg. Na haarfijne portretten van Kim Clijsters en Vincent Kompany heeft schrijver en Zwitserland-reiziger Frank Van de Winkel nu ook als eerste de grondslagen van Roger Federers persoonlijkheid ontsluit. Zo blijkt hij een rasechte Zwitser, die vernieuwing aan traditie paart, en is hij de eerste

sportman die zijn vrouwelijke trekjes zo prominent uitspeelt: inleving, communicatie, verantwoordelijkheid, zorg, harmonie, emotionele intelligentie en aandacht voor lichaam en geest. Dat maakt hem het voorbeeld voor de moderne sportman. Hoe werd de Zwitser uit een welgesteld gezin en zowat het rijkste land ter wereld zo'n hongerige veelvraat in een afmattende sport als tennis? Hoe voelt hij zich als mens, denkt hij als sportman, combineert hij leven, liefde, gezin met

vier kinderen en werk? Is hij echt een halve heilige? Lees Van de Winkels nieuwste psychologische meesterschets. Met dikwijls een lach, soms een traan. Over de enige mens die God werd. Een masterclass over tennis en natuurlijk het leven zelf.

<http://www.houtekiet.be/boken/p/detail/roger-federer-e-book>

*Roger Federer* Simon and Schuster  
FEDERER is almost universally recognised as the greatest tennis player of all time; he might also

be the greatest athlete. Adored around the world, Federer has become one of sport's most iconic and popular figures. In this innovative graphic biography, Federer's genius is explored and celebrated like never before, with beautiful infographics looking at his serving patterns, the speed of his shots, the spin he generates, his movement, as well as his performance in high-pressure situations such as tiebreaks and Grand Slam finals. Federer's astonishing records - no

man has won more majors, or spent more weeks as the world number one - are also showcased against his rivals and the legends of the game. Drawing on his conversations with Federer, as well as exclusive interviews with those close to the Swiss, Mark Hodgkinson tells the story of how a young hothead from Basel transformed himself into a calm and poised athlete who came to dominate tennis. And who, while deep in his thirties, has continued to seek

improvements, to challenge men many years younger than him and to contend for the sport's biggest prizes. The infographics, stunning photography and insight and analysis - from Federer's rivals, idols, coaches and members of his inner circle - will give you a new appreciation of his greatness and how his tennis has moved so many people. *Federer* Edel Sports - ein Verlag der Edel Verlagsgruppe  
Rod Laver's memoir is the inspiring story of how a

diminutive, left-handed, red-headed country boy from Rockhampton, Australia became one of sports' greatest champions. Rod was a dominant force in world tennis for almost two decades, playing and defeating some of the greatest players of the twentieth century. In 1962, Rod became the second man to win the Grand Slam - that is, winning the Australian, French, Wimbledon and US titles in a single calendar year. In 1969, he won it again, becoming

the only player ever to win the Grand Slam twice. Laver's book is a wonderfully nostalgic journey into Laver's path to stardom, from the early days of growing up in a Queensland country town in the 1950s, to breaking into the amateur circuit, to the extraordinary highs of Grand Slam victories. Away from on-court triumphs, Rod also movingly writes about the life-changing stroke he suffered in 1998, and of his beloved wife of more than 40 years, Mary, who died in 2012 after a long

illness. Filled with anecdotes about the great players and great matches, set against the backdrop of a tennis world changing from rigid amateurism to the professional game we recognize today, Rod's book is a warm, insightful and fascinating account of one of tennis's all-time greats.

Federer Little, Brown  
This admired biography traces the rise of Roger Federer, from his first tentative strokes with a racket to legendary status, and perhaps even

the title of greatest tennis player ever. It looks at his development as a sportsman and how he has matured into a family man after his marriage and the birth of twin girls, followed by twin boys in 2014. With his remarkable return to top-level form after his grim 2013, culminating in his sealing Switzerland's Davis Cup triumph in November 2014, and his narrow loss to Novak Djokovic in the 2015 Men's Singles at Wimbledon, a fuller picture of the player's career can be painted. Far

from being an endless recitation of tennis matches won and, sometimes, lost, however, the book also examines how Federer bounced back from arguably one of the most challenging periods of his career when he suffered a serious illness and a dip in form. In characteristic style, he silenced his critics by winning the French Open title for the first time, reclaiming his Wimbledon crown, winning Olympic gold, and in 2015 recording his 1,000th career win--a feat

achieved by only two other players--as well as beating both Djokovic and Murray, the world Nos 1 and 2, to win the Cincinnati Masters for the seventh time. This masterly biography brings the player's story up to date, while also considering Federer the man and the player, as well as his place in tennis and sporting history. *Jack's Life* FinanzBuch Verlag  
Roger Federer is niet alleen een van de succesvolste tennissers aller tijden; hij is ook een



zeer geëngageerde topsporter en een echte familyman. Al jarenlang wordt de Zwitser door een horde journalisten gevolgd, maar niemand kent hem en zijn entourage zo goed als zijn landgenoot René Stauffer. Deze reporter hield zelfs contact met Federer toen hij in de zomer van 2016 het tennisracket tijdelijk liet rusten om vervolgens een halfjaar later op de Australian Open een sensationele comeback te maken. De achtvoudig Wimbledonwinnaar, die door velen wordt gezien

als de beste tennisser allertijden, zal naar men zegt komend najaar afscheid nemen. Tijd voor een biografie waarin we King Roger écht leren kennen.

**Bring the Noise** Twelve In einer Welt voller Versprechungen werden uns täglich schnelle Erfolge in Aussicht gestellt, sei es bei der Ernährung, beim Training oder im Beruf. Diese Erfolge sind in der Regel nur von kurzer Dauer, wenn sie denn überhaupt eintreten. Wenn du die großen Erfolge feiern

willst, brauchst du Durchhaltevermögen, eine positive Einstellung und den Blick für das Wesentliche. Was würde es also für dein Leben bedeuten, wenn du ein ganzes Jahr lang, Tag für Tag, deine guten Vorsätze umsetzen würdest? Biohacker Max Gotzler hat die besten Methoden und Strategien der Biohacker in 366 Lektionen verpackt, die täglich helfen, das eigene Leben nach den persönlichen Vorstellungen zu gestalten. Die Lektionen liefern kleine Aufgaben

und Wissenswertes, um motivierter in den Tag zu starten, sich gesünder zu ernähren, produktiver am Arbeitsplatz zu sein und besser zu schlafen. Denn es sind die täglichen kleinen Dinge, die die größten Unterschiede machen. Mit exklusiver 28-Tage-Challenge, um die gelernten Methoden sinnvoll im Alltag einzubauen.

Footsteps of Federer

Simon and Schuster

"First published in Great Britain in 2015 by Yellow Jersey Press"--Title page verso.

Fedegraphica: A Graphic Biography of the Genius of Roger Federer

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#1 NATIONAL

BESTSELLER Far more

than a superb memoir about the highest levels of professional tennis, Open is the engrossing story of a remarkable life.

Andre Agassi had his life mapped out for him before he left the crib.

Groomed to be a tennis champion by his moody and demanding father, by the age of twenty-two Agassi had won the first of his eight grand slams and

achieved wealth, celebrity, and the game's highest honors. But as he reveals in this searching autobiography, off the court he was often unhappy and confused, unfulfilled by his great achievements in a sport he had come to resent. Agassi writes candidly about his early success and his uncomfortable relationship with fame, his marriage to Brooke Shields, his growing interest in philanthropy, and—described in haunting, point-by-point detail—the highs and lows

of his celebrated career.

**Open** White Lion  
Publishing

»IF YOU HAVE A BODY,  
YOU ARE AN ATHLETE.«

Bill Bowerman

(Mitgründer Nike) Egal ob  
du Freizeitsportler,  
Hochleistungsathlet oder  
gerade noch Couch-Potato  
bist: Der tägliche Athlet  
ist ein Buch, das dich auf  
deinem künftigen  
Lebensweg begleiten  
möchte. Tag für Tag  
werden inspirierende  
Zitate von bedeutenden  
Persönlichkeiten  
vorgestellt. Konkrete  
Umsetzungsideen und

Fragen schlagen die  
Brücke zu deinem Alltag.  
Wir – die Autoren – sind  
Sportler aus Leidenschaft.  
Wir haben uns Ziele  
gesetzt. Wir waren  
motiviert im Training und  
nervös im Wettkampf. Wir  
haben einige Siege  
gefeiert und noch mehr  
Niederlagen verdaut. Wir  
haben gute Gewohnheiten  
aufgebaut und schlechte  
zu lange behalten. Wir  
haben über den Tellerrand  
geschaut, über uns selbst  
gelacht und manchmal  
auch geweint. Für alle  
diese Situationen haben  
wir in der Vergangenheit

den Rat von Experten,  
Mentoren und Vorbildern  
gesucht und manchmal in  
Form von passenden  
Zitaten gefunden. Aus  
dieser Suche ist über die  
letzten 20 Jahre eine  
große Sammlung  
entstanden, deren beste  
»Stücke« wir in diesem  
Buch mit dir teilen. Mit  
von der Partie sind als  
Gastautoren auch  
Olympiasieger, Extrem-  
und Spitzensportler,  
Trainer und  
Sportmoderatoren.  
Roger Federer Universe  
Pub  
Wie kaum einer zuvor, hat

Roger Federer es über die Jahrzehnte so leicht aussehen lassen, zwischen angeschnittenen Rückhänden, erstklassigen Vorhänden und Überkopfbällen zu wechseln. Sein Weg vom temperamentvollen, wasserstoffblonden Teenager mit fragwürdigem Style hin zum größten, selbstbeherrschtesten und elegantesten aller Spieler war vor allem von einem starken Willen geprägt. Roger Federer hatte nicht nur wahnsinniges Talent,

sondern auch die mentale Stärke, in der Tenniswelt zu bestehen und sich zu den Größten hochzukämpfen. Christopher Clarey, einer der weltweiten Top-Sportjournalisten der heutigen Zeit, hat Federer von Beginn seiner Profikarriere an begleitet. In seinem Buch fokussiert er sich auf die wichtigsten Personen in Federers Leben, die zentralen Stationen und Momente seiner langen und ereignisreichen Karriere. Es war eine Reise wie keine andere, voller Siege

und krachender Niederlagen. Eine, die das Wort Perfektion neu definiert hat und Federer zum Liebling der Tennisfans auf der ganzen Welt gemacht hat. "Der Maestro" erzählt auf intime und großartige Weise die Geschichte von Federers Leben und seiner Karriere.

**Rafa** John Blake

"I'd like to be in his shoes for one day to know what it feels like to play that way."---Mats Wilander -- Book Jacket.

**Unbreakable** Orion

Roger Federer could live

anywhere in the world, but he always returns to the place he loves most: Switzerland. Dave Seminara is a mad traveler and tennis lifer who has written about Federer for The New York Times and other publications. A pair of autoimmune diseases and a knee surgery kept Dave from playing tennis for years, but as he inched toward recovery, he had a bright idea: why not start his tennis comeback on hallowed ground—courts that his hero Roger Federer graced in

Switzerland. Footsteps of Federer is a funny, novella-length account of Seminara's travels across seven Swiss cantons in search of insights into Federer's character, which is inextricably linked to his deep roots in, and love for, his country. Seminara timed his unique pilgrimage to the 2019 Swiss Indoors, where he had a chance to ask Roger a number of offbeat questions before and after Federer hoisted his record tenth title there. Seminara's Federer pilgrimage took him to

Switzerland's most important abbey, where he prayed with Abbot Urban Federer; to the vineyard of Jakob Federer from Berneck, where the Federer clan originated from; to the stunning villa where Roger and Mirka were married; and to many of the neighborhoods and tennis clubs where Roger has lived and trained at over the years.

*Tina Turner - My Love Story (Official Autobiography)* Random House Australia  
This is a story of Jelena

Dokic's survival. How she survived as a refugee, twice. How she survived on the tennis court to become world No. 4. But, most importantly, how she survived her father, Damir Dokic, the tennis dad from hell. Jelena was a prodigious talent, heralded as Australia's greatest tennis hope since Evonne Goolagong. She had exceptional skills, a steely nerve and an extraordinary ability to fight on the court. Off it she endured huge challenges; being an 'outsider' in her new

country, poverty and racism. Still she starred on the tennis court. By 18, she was in the world's top 10. By 19, she was No. 4. The world was charmed by her and her story - a refugee whose family had made Australia home when she was eleven years old. Jelena has not told a soul her incredible, explosive story in full - until now. From war-torn Yugoslavia to Sydney to Wimbledon, she narrates her hellish ascent to becoming one of the best tennis players in the women's game, and her

heart-breaking fall from the top. Her gutsy honesty will leave you in awe. Her fight back from darkness will uplift you. Most of all, Jelena's will to survive will inspire you.

*Juan Martin Del Potro* BoD  
- Books on Demand

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happiest moments and everything in between. Brimming with her trademark blend of strength, energy, heart and soul, My Love Story is a gripping, surprising memoir, as memorable and entertaining as any of her greatest hits.

Niki Lauda "Es ist nicht einfach, perfekt zu sein"

FinanzBuch Verlag

»Roger Federer ist das Größte, was ich in mehr als 40 Jahren Tennis erlebt habe.« John McEnroe Ausgehend vom 18. Grand-Slam-Titel in Melbourne erzählt diese

Biografie die Geschichte eines genialen Ballvirtuosen, der doch immer ganz bei sich geblieben ist. Als einer von wenigen Journalisten kennt René Stauffer den »Planet Federer« ganz unmittelbar. Er begleitete sowohl Federers überraschenden Saisonabbruch im Sommer 2016, sowie das Comeback und die erfolgreiche Bewältigung der großen Krise. Stauffer beschreibt eindringlich, welche Menschen, Trainer und Mentoren für diese Ausnahmekarriere wichtig

waren und warum Roger Federers Einfluss dies- und jenseits des Centre Court auch das Ende seiner aktiven Karriere überdauern wird. Die neue umfassende Biografie des Tennis-Genies Exklusiv und persönlich: Federers Methoden, seine wichtigsten Menschen, sein Erfolgsgeheimnis *Roger Federer Triumph* Books Regarded by many as the greatest tennis player in the history of the sport, this authoritative biography is based on



many exclusive interviews with Federer and his family as well as the author's experience covering the international tennis circuit for many years. Completely comprehensive, it provides an informed account of the Swiss tennis star from his early days as a temperamental player on the junior circuit, through his early professional career, to his winning major tennis tournaments, including the U.S. Open and Wimbledon. Readers will appreciate the anecdotes

about his early years, revel in the insider's view of the professional tennis circuit, and be inspired by this champion's rise to the top of his game.

Cristiano Ronaldo Edel Sports - ein Verlag der Edel Verlagsgruppe Learn about the inspirational story of Novak Djokovic In Novak Djokovic: A Biography of the Serbian Superstar you will learn about the life, professional career, and accomplishments of Novak Djokovic. There were two tennis superstars who ruled the

sport--and this is the story of the player who pushed them aside to dominate tennis. Novak Djokovic wasn't supposed to be a tennis player, but as a child he decided to pick up a racquet; and that eventually led him to being the player to end the era of Roger Federer and Rafael Nadal. His story is unlike other players', as he dodged air strikes in Serbia to practice, then headed to Germany to learn about the game, and progressed to being the highest money earner that tennis

has ever seen. All his Grand Slam wins and all his great rivalries made him a player without equal. Few tennis players have grabbed the attention of tennis fans like Novak Djokovic has. His complete game has won him all four Grand Slam tournaments. He has set records and is among an elite group of all-time greats. But before he dethroned Roger Federer as tennis' best, he had a unique, and unlikely, journey from tennis courts on a mountain to Centre Court at Wimbledon. Here

is a preview of this biography: Novak, Tennis and Serbia The German Tennis Academy 2005 Australian Open Qualifier First ATP Title Winning the 2008 Australian Open Chasing Federer Ranked Number 1 in 2011 Battling Federer, Murray and Nadal Finally Gets the French Open Djokovic Versus Sampras, Laver, Federer and Other Greats Here is an excerpt from the book: As Novak's victories kept adding up, the media spotlight intensified on him, and reporters and fans often

talked about how he bounced the ball a lot before he served. As many as fifteen or twenty times, the number of times he bounced the ball before serving irritated some players and fans. Mind games are a big part of sports, and if Novak was doing it to get an advantage, it probably worked more than once. People started counting the bounces, and Novak must have as well: "My record was in 2007 during the Davis Cup against Australia. I made the ball bounce thirty-eight or

thirty-nine times (before serving)." It was a great year for Novak. He won \$12,595,903. He won 92% of his matches. He added ten more titles to his trophy case. Novak set impressive win streaks, including thirty-one wins in consecutive Masters

matches and also a streak of forty-three tennis-match wins. He won a title at three Grand Slams and advanced to the semifinal in the other. He achieved the No. 1 ranking in the world. Novak had it all. Leaps in Time Bold Type

### Books

This full-colour volume documents the action and drama of tennis's annual international team competition. Photographs are included of the world's finest men players, with stories of their individual achievements.